

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, North West at Sedbergh School - Wednesday 12th November 2025

Junior Boys		Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County			Time
1	Leo Walshe	Queen Elizabeth Grammar School, Cumbria			8:18
2	Jos Jebb	The Queen Katherine School, Cumbria			8:29
3	Arthur O'Hare	St Ambrose College, Greater Manchester			8:32
4	Charlie Hodgson	The Queen Katherine School, Cumbria			8:49
5	Sam Baker	Calday Grange Grammar School, Merseyside			8:51
6	Noah Mills	St Anselm's College, Merseyside			8:51
7	Bobby Hughes	Calday Grange Grammar School, Merseyside			8:52
8	Ethan Statham	Bury Grammar School, Greater Manchester			8:53
9	Kit Evans	The Queen Katherine School, Cumbria			8:55
10	Will Goligher	Sedbergh Prep School, Cumbria			9:06
11	James Merriman	St Anselm's College, Merseyside			9:14
12	Julian Weinberger	Calday Grange Grammar School, Merseyside			9:16
13	Stanley Barron	The Queen Katherine School, Cumbria			9:17
14	Oliver Partington	Lancaster Royal Grammar School, Lancashire			9:22
15	Henry Oakes	St Anselm's College, Merseyside			9:24
16	Alfie McGree	St Anselm's College, Merseyside			9:24
17	Dallas Machell	Sedbergh Prep School, Cumbria			9:26
18	Oliver Chesters	St Anselm's College, Merseyside			9:28
19	Lucas Barnett	Wirral Grammar School For Boys, Merseyside			9:30
20	Ethan Douthwaite	The Queen Katherine School, Cumbria			9:32
21	Iago Acosta Gadea	Sedbergh Prep School, Cumbria			9:36
22	Quinn McCaul	Wirral Grammar School For Boys, Merseyside			9:39
23	Tom Stephenson	Sedbergh Prep School, Cumbria			9:40
24	Lawrie Belshaw	The Queen Katherine School, Cumbria			9:41
25	Hakeem Nazrin	Altrincham Grammar School For Boys, Greater Manchester			9:43
26	Harry Lowde	Westholme School, Lancashire			9:43
27	Adam Horn	Queen Elizabeth Grammar School, Cumbria			9:45
28	Joshua Chesworth	Lancaster Royal Grammar School, Lancashire			9:48
29	Ewan Duggan	Calday Grange Grammar School, Merseyside			9:50
30	Rocco Giove	St Ambrose College, Greater Manchester			9:51
31	Daniel Doyle	St Ambrose College, Greater Manchester			9:54
32	Jacob Edwards	Calday Grange Grammar School, Merseyside			9:58
33	Theo Baker	Calday Grange Grammar School, Merseyside			9:58
34	Aleks Gula	St Ambrose College, Greater Manchester			10:02
35	Dexter Towey	West Hill School, Greater Manchester			10:02
36	Forest Rowley	Sedbergh Prep School, Cumbria			10:04
37	Thomas Cornthwaite	Westholme School, Lancashire			10:05
38	Patrick Houghton	Lancaster Royal Grammar School, Lancashire			10:10
39	Keanu Campbell	Queen Elizabeth Grammar School, Cumbria			10:11
40	Jenson Pickles	West Hill School, Greater Manchester			10:13
41	Ted Moran	Altrincham Grammar School For Boys, Greater Manchester			10:13
42	Alexander Stephens	Altrincham Grammar School For Boys, Greater Manchester			10:13
43	Harry Emery	Bury Grammar School, Greater Manchester			10:14
44	Finn Gillon	Queen Elizabeth Grammar School, Cumbria			10:15
45	Wilf Thompson	Sedbergh Prep School, Cumbria			10:15
46	Oleh Kovalenko	Rossall School, Lancashire			10:16
47	Daniel Reilly	Wirral Grammar School For Boys, Merseyside			10:19

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Junior Boys		Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County			Time
48	Harry Bird	West Hill School, Greater Manchester			10:26
49	Seth Wilkinson	Westholme School, Lancashire			10:26
50	Lucca Seminara	Queen Elizabeth Grammar School, Cumbria			10:28
51	Lucas Simpson	Westholme School, Lancashire			10:29
52	Ethan Moore	Rossall School, Lancashire			10:30
53	Natty Appell	Lancaster Royal Grammar School, Lancashire			10:37
54	Joshua Lawrenson	St Anselm's College, Merseyside			10:37
55	Rory Kearney	St Ambrose College, Greater Manchester			10:38
56	Lev Goncharov	Lancaster Royal Grammar School, Lancashire			10:40
57	Matty Birkbeck	Lancaster Royal Grammar School, Lancashire			10:40
58	Theo Miller	Altrincham Grammar School For Boys, Greater Manchester			10:41
59	Luke Horman	St Ambrose College, Greater Manchester			10:44
60	Jack Lynch	Altrincham Grammar School For Boys, Greater Manchester			10:44
61	Samuel Dalnas	Rossall School, Lancashire			10:45
62	Benedict Dunning	Wirral Grammar School For Boys, Merseyside			10:46
63	Isaac Stockdale	Rossall School, Lancashire			10:47
64	Max Sutlow	West Hill School, Greater Manchester			10:50
65	Jacob-Lee Wilson	Wirral Grammar School For Boys, Merseyside			10:51
66	Joe Kershaw	West Hill School, Greater Manchester			10:53
67	Sam Walton	Bury Grammar School, Greater Manchester			10:54
68	Tommy Tooth	Bury Grammar School, Greater Manchester			10:58
69	Henry Blann	Altrincham Grammar School For Boys, Greater Manchester			11:01
70	James Smith	Rossall School, Lancashire			11:23
71	Elijah Dunn	Westholme School, Lancashire			11:24
72	Kaden Dinsdale	Westholme School, Lancashire			12:25
73	Freddie Armstrong	Wirral Grammar School For Boys, Merseyside			12:38
74	William Dodd	Bury Grammar School, Greater Manchester			12:42

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Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4100m
Pos	Name	School, County			Time
1	Peter Wayman	Queen Elizabeth Grammar School, Cumbria			14:54
2	Sam Lambert	Calderstones School, Merseyside			15:29
3	Thomas Daly	St Ambrose College, Greater Manchester			15:36
4	Alfie Taylor-Wark	West Hill School, Greater Manchester			15:39
5	Peter Herring	Calderstones School, Merseyside			15:41
6	Rory Wyeth	St Ambrose College, Greater Manchester			16:14
7	Mac Lightfoot	St Anselm's College, Merseyside			16:22
8	Tom Smout	Calday Grange Grammar School, Merseyside			16:40
9	William Stones	St Anselm's College, Merseyside			16:46
10	Samuel Greenhalgh	St Anselm's College, Merseyside			16:49
11	Oscar Holroyd	Lancaster Royal Grammar School, Lancashire			16:49
12	Callum Finch	Calderstones School, Merseyside			16:53
13	Rory Boyd	Calday Grange Grammar School, Merseyside			16:56
14	Euan Flanagan	Calday Grange Grammar School, Merseyside			16:58
15	Oliver Ramshaw	Queen Elizabeth Grammar School, Cumbria			17:01
16	George Copley	Calderstones School, Merseyside			17:14
17	Harri Tancrel	Sedbergh School, Cumbria			17:16
18	Joseph Wilkinson	Manchester Grammar School, Greater Manchester			17:16
19	Peter Talks	Lancaster Royal Grammar School, Lancashire			17:22
20	Ollie Mitchell	Queen Elizabeth Grammar School, Cumbria			17:24
21	Jake Harrison	Manchester Grammar School, Greater Manchester			17:25
22	Ethan Walker	West Hill School, Greater Manchester			17:28
23	Finn Stoker	Stonyhurst College, Lancashire			17:30
24	Robin Lee	Lancaster Royal Grammar School, Lancashire			17:32
25	Arthur Hampton	Sedbergh School, Cumbria			17:38
26	Liam Fulton	Queen Elizabeth Grammar School, Cumbria			17:40
27	Seth Abbey	Queen Elizabeth Grammar School, Cumbria			17:48
28	Lucas Worth	Queen Elizabeth Grammar School, Cumbria			17:51
29	Herbie Marston	The Queen Katherine School, Cumbria			17:53
30	Arthur Goulding	St Anselm's College, Merseyside			17:54
31	Elijah O'Neill	Lancaster Royal Grammar School, Lancashire			17:57
32	Shea Gavin	St Ambrose College, Greater Manchester			18:00
33	Zeph Towe	The Queen Katherine School, Cumbria			18:02
34	Orson Wakefield	Calday Grange Grammar School, Merseyside			18:05
35	Joshua Wardle	St Anselm's College, Merseyside			18:07
36	George Purves	Stonyhurst College, Lancashire			18:10
37	Henry Friend	St Ambrose College, Greater Manchester			18:12
38	Micah Kenyon-Betts	West Hill School, Greater Manchester			18:15
39	Flynn Slattery	West Hill School, Greater Manchester			18:17
40	Reuben Schofield	Lancaster Royal Grammar School, Lancashire			18:20
41	Casper Firth	Sedbergh School, Cumbria			18:21
42	Oliver Stubbs	Sedbergh School, Cumbria			18:25
43	Chavi Hill	Rossall School, Lancashire			18:32
44	Sebastian Rung	Calderstones School, Merseyside			18:42
45	Mark Downes-Bell	Manchester Grammar School, Greater Manchester			18:47
46	Frederick Crook	Rossall School, Lancashire			18:48
47	Jack Torode-Cooke	The Queen Katherine School, Cumbria			18:52

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Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4100m
Pos	Name	School, County			Time
48	Leo Clegg	West Hill School, Greater Manchester			19:00
49	Isaac Marlin	St Ambrose College, Greater Manchester			19:11
50	Casper Cort	Stonyhurst College, Lancashire			19:15
51	Alfie Holden	Rossall School, Lancashire			19:21
52	Jasper Thompson	Sedbergh School, Cumbria			19:24
53	Samuel Lavelle	St Ambrose College, Greater Manchester			19:34
54	James Zhou	Manchester Grammar School, Greater Manchester			19:38
55	George Rainsford	Stonyhurst College, Lancashire			19:39
56	Guilio Herman	Manchester Grammar School, Greater Manchester			19:40
57	Reuben Stones	St Anselm's College, Merseyside			19:48
58	Josh Burke	Calderstones School, Merseyside			19:50
59	Xander Conway	West Hill School, Greater Manchester			20:02
60	William Murphy	Calday Grange Grammar School, Merseyside			20:52
61	William Oakes	Stonyhurst College, Lancashire			20:57
62	Isaac Earnshaw	Stonyhurst College, Lancashire			21:31
63	Lachlann Knaggs	The Queen Katherine School, Cumbria			22:02
64	Finley Wilson	The Queen Katherine School, Cumbria			22:04
65	Logan Sefton	Sedbergh School, Cumbria			22:58
66	Jack Howard	Rossall School, Lancashire			23:27

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Senior Boys		Team Results	4	Scoring Athletes	Distance 4800m
Pos	Name	School, County			Time
1	Oberon Kearney	St Anselm's College, Merseyside			16:31
2	Hugo Berry	Sedbergh School, Cumbria			16:43
3	George Martin	Sedbergh School, Cumbria			17:09
4	Jack Eccles	Lancaster Royal Grammar School, Lancashire			17:22
5	Michael Phelan	St Anselm's College, Merseyside			17:25
6	Liam O'Brien	St Ambrose College, Greater Manchester			17:36
7	Evan Mulvany	The Queen Katherine School, Cumbria			17:38
8	Ben Brassington	Queen Elizabeth School, Cumbria			17:43
9	Will Wareing	Lancaster Royal Grammar School, Lancashire			17:47
10	George Goulding	St Anselm's College, Merseyside			17:49
11	James Jones	St Anselm's College, Merseyside			17:53
12	Malachi Harty	St Anselm's College, Merseyside			18:00
13	James O'Brien	St Ambrose College, Greater Manchester			18:11
14	Zak Whalley	Rainford High School, Merseyside			18:25
15	Harry Sewell	Sedbergh School, Cumbria			18:27
16	Riley Underhill	Rainford High School, Merseyside			18:28
17	Toby Acland	The Queen Katherine School, Cumbria			18:55
18	Allan Sumner	Lancaster Royal Grammar School, Lancashire			18:58
19	Evan Thomas	Range High School, Merseyside			19:01
20	Adam Loughenbury	St Ambrose College, Greater Manchester			19:05
21	Ayaan Siddiqui	Altrincham Grammar School For Boys, Greater Manchester			19:08
22	Massey Cunningham	Altrincham Grammar School For Boys, Greater Manchester			19:13
23	Henry Patchett	Sedbergh School, Cumbria			19:13
24	Charlie Bell	St Ambrose College, Greater Manchester			19:16
25	Archer Blann	Altrincham Grammar School For Boys, Greater Manchester			19:50
26	Max Done	St Anselm's College, Merseyside			19:53
27	Jonah Hughes	The Queen Katherine School, Cumbria			19:55
28	Marley Newton Ham	Queen Elizabeth School, Cumbria			20:00
29	Noah Wadsworth	Queen Elizabeth School, Cumbria			20:00
30	Teddy Rowe	Rossall School, Lancashire			20:06
31	Joseph Cuddy	Altrincham Grammar School For Boys, Greater Manchester			20:07
32	Dylan Roberts	Rainford High School, Merseyside			20:07
33	Noah Shaw	Rainford High School, Merseyside			20:07
34	Jacob Rade	The Queen Katherine School, Cumbria			20:14
35	Edouard Bellier de Gaulmyr	Sedbergh School, Cumbria			20:19
36	William Rothwell	Range High School, Merseyside			20:22
37	George McAleer	Rossall School, Lancashire			20:40
38	Harry Nodding	Range High School, Merseyside			20:43
39	Gabriel McGrath	St Ambrose College, Greater Manchester			20:47
40	Alfie Shawcross	Lancaster Royal Grammar School, Lancashire			20:47
41	Julius Zajitschek	Range High School, Merseyside			21:06
42	Euan Wells	Queen Elizabeth School, Cumbria			21:20
43	Matthew Hull	Range High School, Merseyside			21:25
44	James Metcalfe	Lancaster Royal Grammar School, Lancashire			21:53
45	Daniel Young	Sedbergh School, Cumbria			22:11
46	James Bell	Altrincham Grammar School For Boys, Greater Manchester			22:26
47	James Wood	Rossall School, Lancashire			23:55
48	Deeson NG	Rossall School, Lancashire			24:47
49	Nathan McGowen	Rainford High School, Merseyside			31:10

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Junior Girls			Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County				Time
1	daisy Mc Vicar	Upton Hall School, Merseyside				9:20
2	Mila Barron	The Queen Katherine School, Cumbria				9:23
3	Maggie Rowley	Sedbergh Prep School, Cumbria				9:42
4	Gabriella Forrest	Sedbergh Prep School, Cumbria				9:44
5	Isla Newton	Canon Slade CofE School, Greater Manchester				9:47
6	Poppy Boden	Upton Hall School, Merseyside				9:48
7	Elsie Jones	Wirral Grammar School For Girls, Merseyside				9:57
8	Lucy O'Brien	Loreto Grammar School, Greater Manchester				10:00
9	Marie Ange Robson	Upton Hall School, Merseyside				10:08
10	Isla Igoe	Loreto Grammar School, Greater Manchester				10:08
11	Ella Cagatay	Sedbergh Prep School, Cumbria				10:09
12	Sophia Hunter	Rainford High School, Merseyside				10:09
13	Maia Dacre	Sedbergh Prep School, Cumbria				10:14
14	Wei Ann Ho	Withington Girls' School, Greater Manchester				10:20
15	Emily Claire	Rainford High School, Merseyside				10:23
16	Lucy Wood	Queen Elizabeth Grammar School, Cumbria				10:33
17	Sophia Clutton	Sedbergh Prep School, Cumbria				10:35
18	Amelie Wormald	Canon Slade CofE School, Greater Manchester				10:37
19	Silvia Parsons	Kirkbie Kendal School, Cumbria				10:39
20	Ava Stirling	Canon Slade CofE School, Greater Manchester				10:41
21	Erin Maule	Loreto Grammar School, Greater Manchester				10:42
22	Natalie Almond	Withington Girls' School, Greater Manchester				10:44
23	Dollie Barker	Rossall School, Lancashire				10:47
24	Jia Kochhar	Withington Girls' School, Greater Manchester				10:49
25	Charlotte Mackie	Wirral Grammar School For Girls, Merseyside				10:50
26	Gabrielle Baxter	Manchester High School For Girls, Greater Manchester				10:53
27	Anna Gatley	Wirral Grammar School For Girls, Merseyside				10:54
28	Maddy Eatwell	Sedbergh Prep School, Cumbria				10:56
29	Martha Youell	Manchester High School For Girls, Greater Manchester				10:57
30	Pippa Hunt	Canon Slade CofE School, Greater Manchester				10:57
31	Lyla Bell	Kirkbie Kendal School, Cumbria				10:59
32	Zara Greenhalgh	Manchester High School For Girls, Greater Manchester				11:03
33	Megan Williamson	Canon Slade CofE School, Greater Manchester				11:14
34	Meila Craven	Scarisbrick Hall School Ltd, Lancashire				11:14
35	Elodie Haslett	The Queen Katherine School, Cumbria				11:19
36	Hattie Blunt	The Queen Katherine School, Cumbria				11:25
37	Nina Conti	Loreto Grammar School, Greater Manchester				11:29
38	Izzy Boyd	Upton Hall School, Merseyside				11:32
39	Felicity Green	Queen Elizabeth Grammar School, Cumbria				11:37
40	Phoebe Stokes	Canon Slade CofE School, Greater Manchester				11:40
41	Isobel Hughes	Queen Elizabeth Grammar School, Cumbria				11:44
42	Bronte Lowe	Withington Girls' School, Greater Manchester				11:46
43	Alice Carden	Manchester High School For Girls, Greater Manchester				11:46
44	Mia Nelson	Wirral Grammar School For Girls, Merseyside				11:48
45	Camille Bradbury	Westholme School, Lancashire				11:49
46	Rosa-Mae Crompton	The Queen Katherine School, Cumbria				11:52
47	Macey Anders	Rainford High School, Merseyside				12:04
48	Imi Todd	Westholme School, Lancashire				12:07

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Junior Girls		Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County			Time
49	Priya Fitton	Altrincham Grammar School For Girls, Greater Manchester			12:08
50	Jessica Waites	Upton Hall School, Merseyside			12:10
51	Rosie Beaton	Kirkbie Kendal School, Cumbria			12:14
52	Caoimhe Finley	Loreto Grammar School, Greater Manchester			12:17
53	Micha Bodjol	The Queen Katherine School, Cumbria			12:18
54	Bella Rawlinson	Altrincham Grammar School For Girls, Greater Manchester			12:24
55	Rosie Simester	Altrincham Grammar School For Girls, Greater Manchester			12:26
56	Dixie Connolly	Scarisbrick Hall School Ltd, Lancashire			12:26
57	Poppy Carlton	Kirkbie Kendal School, Cumbria			12:30
58	Elsa Causey	Rainford High School, Merseyside			12:31
59	Avis Lee	Wirral Grammar School For Girls, Merseyside			12:31
60	Thea Tucker	Queen Elizabeth Grammar School, Cumbria			12:32
61	Emily Baynham	Rossall School, Lancashire			12:32
62	Felicity Harrison	Wirral Grammar School For Girls, Merseyside			12:34
63	Jessica Nicol	Scarisbrick Hall School Ltd, Lancashire			12:38
64	Cara Gordon	Queen Elizabeth Grammar School, Cumbria			12:39
65	Bella Robinson	Westholme School, Lancashire			12:42
66	Ava Ball	Loreto Grammar School, Greater Manchester			12:52
67	Marianne Barnes	Rossall School, Lancashire			12:54
68	Julianna Roberts	Rainford High School, Merseyside			12:54
69	Eleanor Cohen	Rossall School, Lancashire			12:54
70	India Prker	Queen Elizabeth Grammar School, Cumbria			12:58
71	Beau Young	Manchester High School For Girls, Greater Manchester			13:00
72	Eleanor Roberts	Scarisbrick Hall School Ltd, Lancashire			13:10
73	Betty Jacques	The Queen Katherine School, Cumbria			13:12
74	Jameela Waqar-Uddin	Westholme School, Lancashire			13:14
75	Isla Franklin	Altrincham Grammar School For Girls, Greater Manchester			13:15
76	Beatrice McGrath	Westholme School, Lancashire			13:29
77	Lauren Sinha	Scarisbrick Hall School Ltd, Lancashire			13:39
78	Saskia McLaughlin	Withington Girls' School, Greater Manchester			13:39
79	Amelie Davies	Altrincham Grammar School For Girls, Greater Manchester			14:36
80	Poppy Mellis	Westholme School, Lancashire			15:17
81	Hibah Khan	Withington Girls' School, Greater Manchester			17:36

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Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County			Time
1	Beatrix Soper	Bolton School, Greater Manchester			8:46
2	Lucia Connell	Sedbergh School, Cumbria			8:51
3	Isla Yorke	West Kirby Grammar School, Merseyside			9:19
4	Isobel Beddow	West Kirby Grammar School, Merseyside			9:21
5	Emmy Ranner	The Queen Katherine School, Cumbria			9:40
6	Lauren Silcox	Scarisbrick Hall School Ltd, Lancashire			9:54
7	Eve Beddow	West Kirby Grammar School, Merseyside			10:02
8	Tia Ball	Loreto Grammar School, Greater Manchester			10:05
9	Bridget Flynn	Loreto Grammar School, Greater Manchester			10:07
10	Eliza Keech	Canon Slade CofE School, Greater Manchester			10:19
11	Amber Khan	Altrincham Grammar School For Girls, Greater Manchester			10:22
12	Elizabeth Pitts	Scarisbrick Hall School Ltd, Lancashire			10:24
13	Fay Thomas	Queen Elizabeth School, Cumbria			10:28
14	Maria Johnson	Westholme School, Lancashire			10:34
15	Frankie Foster	William Howard School, Cumbria			10:34
16	Emily Walton	Manchester High School For Girls, Greater Manchester			10:43
17	Harriet Stainer	The Queen Katherine School, Cumbria			10:46
18	Amelia Ehouman	Loreto Grammar School, Greater Manchester			10:49
19	Minnie Rowley	Sedbergh School, Cumbria			10:51
20	Bonnie Kewley	West Kirby Grammar School, Merseyside			10:52
21	Maisie Yorke	West Kirby Grammar School, Merseyside			10:55
22	Faye McKeown	Upton Hall School, Merseyside			10:56
23	Lottie Abbott Beck	Upton Hall School, Merseyside			10:58
24	Tilly Fagan-McNulty	Loreto Grammar School, Greater Manchester			10:59
25	Delphine Cross	West Kirby Grammar School, Merseyside			10:59
26	Amelia Cox	Wirral Grammar School For Girls, Merseyside			11:00
27	Isla Lawrenson	Upton Hall School, Merseyside			11:01
28	Emily Rowe	Altrincham Grammar School For Girls, Greater Manchester			11:02
29	Lucie Finaly	Upton Hall School, Merseyside			11:07
30	Lyla Bramah	Canon Slade CofE School, Greater Manchester			11:08
31	Elena Archibald	William Howard School, Cumbria			11:11
32	Grace Goligher	Sedbergh School, Cumbria			11:12
33	Harriett Carey	Altrincham Grammar School For Girls, Greater Manchester			11:14
34	Emily Taylor	Canon Slade CofE School, Greater Manchester			11:14
35	Loppy Wadsworth	Queen Elizabeth School, Cumbria			11:17
36	Tess Reedy	The Queen Katherine School, Cumbria			11:18
37	Ellen Metcalf	Queen Elizabeth School, Cumbria			11:18
38	Annie Noone	Loreto Grammar School, Greater Manchester			11:21
39	Ruby Brazier-Kobus	Loreto Grammar School, Greater Manchester			11:23
40	Talulah Kay	Westholme School, Lancashire			11:25
41	Ruby Hewson	William Howard School, Cumbria			11:30
42	Kemi Nyang	Bolton School, Greater Manchester			11:32
43	Emily Williams	Westholme School, Lancashire			11:33
44	Georgie Thompson	Sedbergh School, Cumbria			11:35
45	Katie Merriman	Upton Hall School, Merseyside			11:37
46	Rachel Evans	William Howard School, Cumbria			11:39
47	Bluebelle Thompson	Sedbergh School, Cumbria			11:46
48	Ailsa Haywood	Sedbergh School, Cumbria			11:48

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Intermediate Girls		Team Results	4	Scoring Athletes	Distance 2400m
Pos	Name	School, County			Time
49	Aoife McAlister	William Howard School, Cumbria			11:50
50	Amelia Hesketh	Manchester High School For Girls, Greater Manchester			11:58
51	Sophie Orrell	Canon Slade CofE School, Greater Manchester			12:00
52	Martha Handler	Manchester High School For Girls, Greater Manchester			12:04
53	Erin Hailsey	Manchester High School For Girls, Greater Manchester			12:08
54	Ella Wrigley	Bolton School, Greater Manchester			12:15
55	Asha Rowe	The Queen Katherine School, Cumbria			12:23
56	Freya Blomerley	Bolton School, Greater Manchester			12:27
57	Lara Collin	Queen Elizabeth School, Cumbria			12:35
58	Abi Fiddler	William Howard School, Cumbria			12:41
59	Erin Huston	Wirral Grammar School For Girls, Merseyside			12:44
60	Urszula Stepień	Wirral Grammar School For Girls, Merseyside			12:46
61	Annabel Beaumont	Westholme School, Lancashire			12:54
62	Maebh Lilley	Wirral Grammar School For Girls, Merseyside			12:54
63	Emma Smith	Queen Elizabeth School, Cumbria			12:55
64	Ria Wilkinson	Manchester High School For Girls, Greater Manchester			12:56
65	Laura Dolan-Draper	Canon Slade CofE School, Greater Manchester			13:01
66	Shree Dayama	Wirral Grammar School For Girls, Merseyside			13:06
67	Daisy Wells	Scarisbrick Hall School Ltd, Lancashire			13:14
68	Lina Khider	Altrincham Grammar School For Girls, Greater Manchester			13:27
69	Olivia O'Neill	Bolton School, Greater Manchester			13:59
70	Harriet Loughrey	Scarisbrick Hall School Ltd, Lancashire			14:48

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Senior Girls		Team Results	4	Scoring Athletes	Distance 3400m
Pos	Name	School, County			Time
1	Scarlett Hutchinson-Thomp	Canon Slade CofE School, Greater Manchester			14:12
2	Isla Pastor	West Kirby Grammar School, Merseyside			14:22
3	Emily Hyder	Canon Slade CofE School, Greater Manchester			15:07
4	Jessica A Taylor	Canon Slade CofE School, Greater Manchester			15:20
5	Juliet Price-Lyall	Sedbergh School, Cumbria			15:27
6	Beatrice Bartram	Wirral Grammar School For Girls, Merseyside			15:33
7	Isla Pearman	Kirkbie Kendal School, Cumbria			15:53
8	Imogen Dunning	Wirral Grammar School For Girls, Merseyside			16:00
9	Cara Bradley	Kirkbie Kendal School, Cumbria			16:05
10	Julia Fielding	Sedbergh School, Cumbria			16:07
11	Phoebe Carroll	Altrincham Grammar School For Girls, Greater Manchester			16:07
12	hannah Robinson	Archbishop Blanch School, Merseyside			16:22
13	Jemima Bradburn	Rossall School, Lancashire			16:28
14	Constance Gibson	Loreto Grammar School, Greater Manchester			16:31
15	Isobel Robinson	Archbishop Blanch School, Merseyside			17:19
16	Fleur Hardie	Sedbergh School, Cumbria			17:22
17	Hanah McKay	Wirral Grammar School For Girls, Merseyside			17:26
18	Anna Cunningham	Queen Elizabeth Grammar School, Cumbria			17:30
19	Daisy Fielding	Sedbergh School, Cumbria			17:31
20	Sarah Ashcroft	Loreto Grammar School, Greater Manchester			17:40
21	Lucy Mercer	West Kirby Grammar School, Merseyside			17:43
22	Cara Gregory	Loreto Grammar School, Greater Manchester			17:43
23	Sophie Norman	Sedbergh School, Cumbria			17:43
24	Eleanor Armstrong	Altrincham Grammar School For Girls, Greater Manchester			17:48
25	Molly Shaw	Queen Elizabeth Grammar School, Cumbria			17:48
26	Annabelle Rogan	West Kirby Grammar School, Merseyside			17:49
27	Elif Sancar	Sedbergh School, Cumbria			17:59
28	Annie Dickinson	Lancaster Royal Grammar School, Lancashire			18:00
29	Macy Cliff	Archbishop Blanch School, Merseyside			18:12
30	Isabelle Dusterloh	Altrincham Grammar School For Girls, Greater Manchester			18:17
31	Natasza Crowder	West Kirby Grammar School, Merseyside			18:19
32	Marissa Phillips	Archbishop Blanch School, Merseyside			18:24
33	Genny Jackson	Loreto Grammar School, Greater Manchester			18:26
34	Cosette Wearden	West Kirby Grammar School, Merseyside			18:34
35	Freya Nield	Canon Slade CofE School, Greater Manchester			18:55
36	Thea Illet	Queen Elizabeth Grammar School, Cumbria			18:57
37	Lily Slater	Kirkbie Kendal School, Cumbria			18:58
38	Isla Birch	Queen Elizabeth Grammar School, Cumbria			18:59
39	Emily Pattison	Altrincham Grammar School For Girls, Greater Manchester			19:23
40	Lily Tall	Lancaster Royal Grammar School, Lancashire			19:26
41	Sophie Wootton	West Kirby Grammar School, Merseyside			19:48
42	Jamina Balk	Rossall School, Lancashire			19:54
43	Leila Ammar	Lancaster Royal Grammar School, Lancashire			20:38
44	Nora Rucker	Rossall School, Lancashire			20:38
45	Sophie Davidson	Wirral Grammar School For Girls, Merseyside			21:32
46	Molly Bonnar	Lancaster Royal Grammar School, Lancashire			22:14
47	Annabel Carmichael	Rossall School, Lancashire			23:37

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Junior Boys			Places			
Posn	Points	School	1st	2nd	3rd	4th
1	28	The Queen Katherine School, Cumbria	2	4	9	13
2	48	St Anselm's College, Merseyside	6	11	15	16
3	53	Calday Grange Grammar School, Merseyside	5	7	12	29
4	71	Sedbergh Prep School, Cumbria	10	17	21	23
5	98	St Ambrose College, Greater Manchester	3	30	31	34
6	111	Queen Elizabeth Grammar School, Cumbria	1	27	39	44
7	133	Lancaster Royal Grammar School, Lancashire	14	28	38	53
8	150	Wirral Grammar School For Boys, Merseyside	19	22	47	62
9	163	Westholme School, Lancashire	26	37	49	51
10	166	Altrincham Grammar School For Boys, Greater Manchester	25	41	42	58
11	186	Bury Grammar School, Greater Manchester	8	43	67	68
12	187	West Hill School, Greater Manchester	35	40	48	64
13	222	Rossall School, Lancashire	46	52	61	63

Junior Girls			Places			
Posn	Points	School	1st	2nd	3rd	4th
1	31	Sedbergh Prep School, Cumbria	3	4	11	13
2	54	Upton Hall School, Merseyside	1	6	9	38
3	73	Canon Slade CofE School, Greater Manchester	5	18	20	30
4	76	Loreto Grammar School, Greater Manchester	8	10	21	37
5	102	Withington Girls' School, Greater Manchester	14	22	24	42
6	103	Wirral Grammar School For Girls, Merseyside	7	25	27	44
7	119	The Queen Katherine School, Cumbria	2	35	36	46
8	130	Manchester High School For Girls, Greater Manchester	26	29	32	43
9	132	Rainford High School, Merseyside	12	15	47	58
10	156	Queen Elizabeth Grammar School, Cumbria	16	39	41	60
11	158	Kirkbie Kendal School, Cumbria	19	31	51	57
12	220	Rossall School, Lancashire	23	61	67	69
13	225	Scarisbrick Hall School Ltd, Lancashire	34	56	63	72
14	232	Westholme School, Lancashire	45	48	65	74
15	233	Altrincham Grammar School For Girls, Greater Manchester	49	54	55	75

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Intermediate Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	35	Calderstones School, Merseyside	2	5	12	16
2	56	St Anselm's College, Merseyside	7	9	10	30
3	62	Queen Elizabeth Grammar School, Cumbria	1	15	20	26
4	69	Calday Grange Grammar School, Merseyside	8	13	14	34
5	78	St Ambrose College, Greater Manchester	3	6	32	37
6	85	Lancaster Royal Grammar School, Lancashire	11	19	24	31
7	103	West Hill School, Greater Manchester	4	22	38	39
8	125	Sedbergh School, Cumbria	17	25	41	42
9	138	Manchester Grammar School, Greater Manchester	18	21	45	54
10	164	Stonyhurst College, Lancashire	23	36	50	55
11	172	The Queen Katherine School, Cumbria	29	33	47	63
12	206	Rossall School, Lancashire	43	46	51	66

Intermediate Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	34	West Kirby Grammar School, Merseyside	3	4	7	20
2	59	Loreto Grammar School, Greater Manchester	8	9	18	24
3	97	Sedbergh School, Cumbria	2	19	32	44
4	101	Upton Hall School, Merseyside	22	23	27	29
5	113	The Queen Katherine School, Cumbria	5	17	36	55
6	125	Canon Slade CofE School, Greater Manchester	10	30	34	51
7	133	William Howard School, Cumbria	15	31	41	46
8	140	Altrincham Grammar School For Girls, Greater Manchester	11	28	33	68
9	142	Queen Elizabeth School, Cumbria	13	35	37	57
10	153	Bolton School, Greater Manchester	1	42	54	56
11	155	Scarisbrick Hall School Ltd, Lancashire	6	12	67	70
12	158	Westholme School, Lancashire	14	40	43	61
13	171	Manchester High School For Girls, Greater Manchester	16	50	52	53
14	207	Wirral Grammar School For Girls, Merseyside	26	59	60	62

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Senior Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	27	St Anselm's College, Merseyside	1	5	10	11
2	43	Sedbergh School, Cumbria	2	3	15	23
3	63	St Ambrose College, Greater Manchester	6	13	20	24
4	71	Lancaster Royal Grammar School, Lancashire	4	9	18	40
5	85	The Queen Katherine School, Cumbria	7	17	27	34
6	95	Rainford High School, Merseyside	14	16	32	33
7	99	Altrincham Grammar School For Boys, Greater Manchester	21	22	25	31
8	107	Queen Elizabeth School, Cumbria	8	28	29	42
9	134	Range High School, Merseyside	19	36	38	41
10	162	Rossall School, Lancashire	30	37	47	48

Senior Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	43	Canon Slade CofE School, Greater Manchester	1	3	4	35
2	50	Sedbergh School, Cumbria	5	10	16	19
3	76	Wirral Grammar School For Girls, Merseyside	6	8	17	45
4	80	West Kirby Grammar School, Merseyside	2	21	26	31
5	88	Archbishop Blanch School, Merseyside	12	15	29	32
6	89	Loreto Grammar School, Greater Manchester	14	20	22	33
7	104	Altrincham Grammar School For Girls, Greater Manchester	11	24	30	39
8	117	Queen Elizabeth Grammar School, Cumbria	18	25	36	38
9	146	Rossall School, Lancashire	13	42	44	47
10	157	Lancaster Royal Grammar School, Lancashire	28	40	43	46