

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Junior Boys		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	JOSHUA VINER-WOOD	The King John School, Essex			9:16
2	Dylan Law	Mayflower High School, Essex			9:22
3	Freddie Blacketer	The Coopers' Company & Coborn School, Essex			9:24
4	Hugo Goddard	The Eastwood Academy, Essex			9:25
5	Charlie Crampin	The Eastwood Academy, Essex			9:29
6	Ramsay Nunn	The Eastwood Academy, Essex			9:39
7	Oliver Lupton	Southend High School For Boys, Essex			9:40
8	Kayden Hodgson	Southend High School For Boys, Essex			9:43
9	Ollie Lee	Woodbridge School, Suffolk			9:45
10	Jack Tonge	Chigwell School, Essex			9:46
11	Archie Rufford	Woodbridge School, Suffolk			
12	Harrison Chibambo	Shenfield High School, Essex			
13	Endri Rodha	Southend High School For Boys, Essex			
14	Harrison Sewell	The Coopers' Company & Coborn School, Essex			
15	Oliver Jones	The Eastwood Academy, Essex			
16	Robert Barke	King Edward VI Grammar School, Essex			
17	Harry Deal	Great Baddow High School, Essex			
18	Joseph Symonds	Farlingaye High School, Suffolk			
19	Charlie Lockwood	Shenfield High School, Essex			
20	Thomas Campbell	Southend High School For Boys, Essex			10:04
21	KAMI DESFONTAINES-SOLK	The King John School, Essex			
22	Max Cheetham	Shenfield High School, Essex			
23	Charlie Philpot	Shenfield High School, Essex			
24	PEARCE BENNETT	The King John School, Essex			
25	Harry Goodacre	Mayflower High School, Essex			
26	Fletcher Kessock-Philip	Mayflower High School, Essex			
27	Noah Hammond	Great Baddow High School, Essex			
28	Edward Hampton	Chigwell School, Essex			
29	Mitchell Evans	King Edward VI Grammar School, Essex			
30	Harry Pamment	Southend High School For Boys, Essex			10:19
31	George Cubbin	King Edward VI Grammar School, Essex			
32	George Smith	The Coopers' Company & Coborn School, Essex			
33	Alex Stokes	The Coopers' Company & Coborn School, Essex			
34	Jensen James	Southend High School For Boys, Essex			
35	Harry Jeeves	The Coopers' Company & Coborn School, Essex			
36	JUDE BENSON-BRUNS	The King John School, Essex			
37	Jamieson Anderson-waite	The Eastwood Academy, Essex			
38	William Smith	Mayflower High School, Essex			
39	Austin Broadhurst	The Coopers' Company & Coborn School, Essex			
40	Rafi Mather	Shenfield High School, Essex			10:32
41	JACKSON KING-MCLEOD	The King John School, Essex			
42	Isaac Dinwiddie	Farlingaye High School, Suffolk			
43	Jake Wright	Mayflower High School, Essex			
44	Kaydon Clark	Woodbridge School, Suffolk			
45	JESSE WALKER	The King John School, Essex			
46	Evan Puttnam-Ellis	Farlingaye High School, Suffolk			
47	Panay Charalambous	Chigwell School, Essex			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Junior Boys		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
48	Charles Walker	Great Baddow High School, Essex			
49	Ali Tardu Toker-Bucuk	Chigwell School, Essex			
50	Max Knowland	Woodbridge School, Suffolk			10:50
51	Thomas Norman	King Edward VI Grammar School, Essex			
52	George Nelson	Mayflower High School, Essex			
53	Riley McKay	Shenfield High School, Essex			
54	Willis Godfrey	Great Baddow High School, Essex			
55	Theo Rennesland	Farlingaye High School, Suffolk			
56	Aiden Warari	Woodbridge School, Suffolk			
57	Stanley Cooper	Chigwell School, Essex			
58	Folabi Saiki	King Edward VI Grammar School, Essex			
59	Miles Sheldrake	Woodbridge School, Suffolk			
60	Robert Pearson	King Edward VI Grammar School, Essex			11:26
61	Harley Chambers	Farlingaye High School, Suffolk			
62	Arthur Johnson	Farlingaye High School, Suffolk			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4200m
Pos	Name	School, County			Time
1	Dex Marshall	Woodbridge School, Suffolk			13:15
2	Will Hughes	Shenfield High School, Essex			13:32
3	Jamie Gilbey	King Edward VI Grammar School, Essex			13:40
4	Digby Pearson	Woodbridge School, Suffolk			13:42
5	Hamish Dover	Woodbridge School, Suffolk			13:48
6	Jacob Shrimpton	The Eastwood Academy, Essex			13:50
7	Charlie Lee	The Fitzwimarc School, Essex			13:52
8	George Bangs	The Coopers' Company & Coborn School, Essex			14:05
9	Matthew Meadows	King Edward VI Grammar School, Essex			14:11
10	Oliver Grange	The Coopers' Company & Coborn School, Essex			14:15
11	Zaharia Choudhury	Southend High School For Boys, Essex			
12	Calvin Bollans	The Fitzwimarc School, Essex			
13	Rory Willis	Forest School, Essex			
14	Sam Joyce	Southend High School For Boys, Essex			
15	Fred Ferman	New Hall School, Essex			
16	Joshua Dalton	King Edward VI Grammar School, Essex			
17	Callum Whiteside	Forest School, Essex			
18	Archie Roberts	The Fitzwimarc School, Essex			
19	Preston Mesher	The Fitzwimarc School, Essex			
20	Joe Sewell	The Coopers' Company & Coborn School, Essex			14:37
21	William Callan	King Edward VI Grammar School, Essex			
22	Josh Seaman	Woodbridge School, Suffolk			
23	George Marshall	King Edward VI Grammar School, Essex			
24	Charlie Winter	Shenfield High School, Essex			
25	Charlie Smith	Southend High School For Boys, Essex			
26	Joseph Smith	Shenfield High School, Essex			
27	Oskar Prince	Forest School, Essex			
28	Harry Cunningham	The Eastwood Academy, Essex			
29	Jonny Nash	Southend High School For Boys, Essex			
30	Alex Sarjeant	The Eastwood Academy, Essex			14:54
31	Oscar Wynne	Woodbridge School, Suffolk			
32	Khaya Fakazi	The Beaulieu Park School, Essex			
33	Jacob Campbell	Southend High School For Boys, Essex			
34	Ollie Ripman	Woodbridge School, Suffolk			
35	Theo Mahoney	The Fitzwimarc School, Essex			
36	Joe Sandford	The Coopers' Company & Coborn School, Essex			
37	Oliver Lamas Nakagawa	St Benedict's Catholic School, Suffolk			
38	Stanislaw Sokolowski	The Eastwood Academy, Essex			
39	Seb Cook	King Edward VI Grammar School, Essex			
40	Harry Holloway	The Coopers' Company & Coborn School, Essex			15:19
41	Oscar Stollery	The Beaulieu Park School, Essex			
42	Harrison Mercer	The Beaulieu Park School, Essex			
43	Charlie Pledger	Forest School, Essex			
44	Sam Day	Southend High School For Boys, Essex			
45	Juwon Drew-Smith	New Hall School, Essex			
46	Alfie Mosaid	The Eastwood Academy, Essex			
47	Harry Wing	The Fitzwimarc School, Essex			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Intermediate Boys		Team Results	4	Scoring Athletes	Distance 4200m
Pos	Name	School, County			Time
48	Oliver May	The Coopers' Company & Coborn School, Essex			
49	Jack Bodell	The Beaulieu Park School, Essex			
50	Ethan Chibambo	Shenfield High School, Essex			16:20
52	Jake McConnell	St Benedict'S Catholic School, Suffolk			
53	Thomas Hall	New Hall School, Essex			
54	Daniel Smith	Shenfield High School, Essex			
55	Rudy Perry-Kite	The Eastwood Academy, Essex			
56	Gregory Slater	St Benedict'S Catholic School, Suffolk			
57	Kacper Kolodziej	St Benedict'S Catholic School, Suffolk			
58	Finn Kennedy	Forest School, Essex			
59	Aiden Cameron	St Benedict'S Catholic School, Suffolk			
60	Oscar Willis	Forest School, Essex			17:18
61	Oliver Norman	New Hall School, Essex			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Senior Boys		Team Results	4	Scoring Athletes	Distance 5700m
Pos	Name	School, County			Time
1	Freddie Rowe	The Coopers' Company & Coborn School, Essex			15:35
2	Sam Horsley	Shenfield High School, Essex			15:37
3	Lochlan Dyer	Southend High School For Boys, Essex			15:43
4	Andrew Adesanya	Southend High School For Boys, Essex			15:47
5	Harry Stockill	Davenant School, Essex			15:51
6	Danny Curran	The Fitzwimarc School, Essex			15:54
7	Findley McLaren	The Coopers' Company & Coborn School, Essex			15:56
8	Oscar Eaton	Davenant School, Essex			15:59
9	Fin Evison	The Fitzwimarc School, Essex			16:01
10	Luka Norden	Davenant School, Essex			16:07
11	Harry Wright	The Fitzwimarc School, Essex			
12	Jacob Parrott	King Edward VI Grammar School, Essex			
13	Mason Bramhald	Farlingaye High School, Suffolk			
14	Austin Kelly	King Edward VI Grammar School, Essex			
15	Sam Crane	King Edward VI Grammar School, Essex			
16	Tom Carter	Chelmer Valley High School, Essex			
17	Jude Hearn	Southend High School For Boys, Essex			
18	Leonardo Galetto	King Edward VI Grammar School, Essex			
19	Daniel Arnold	Davenant School, Essex			
20	Frankie Butcher	The Fitzwimarc School, Essex			16:56
21	Rocco Savill	Mayflower High School, Essex			
22	Edward Berkeley	Farlingaye High School, Suffolk			
23	Archie Shaw	Farlingaye High School, Suffolk			
24	Edward Thomas	The Fitzwimarc School, Essex			
25	George Webb	Southend High School For Boys, Essex			
26	Luke Webb	Chelmer Valley High School, Essex			
27	Joshua Stephenson	Davenant School, Essex			
28	Joe Oates	Chigwell School, Essex			
29	Hayden Potton	Southend High School For Boys, Essex			
30	Bradley Sullivan	Mayflower High School, Essex			17:36
31	Flynn Kelly	Farlingaye High School, Suffolk			
32	Stevie Reynolds	The Coopers' Company & Coborn School, Essex			
33	Nathan Jones	Southend High School For Boys, Essex			
34	George Ford	Chelmer Valley High School, Essex			
35	Alf Carter	Shenfield High School, Essex			
36	George Worwood	Chigwell School, Essex			
37	Stephen Bradley	King Edward VI Grammar School, Essex			
38	Tyler Davenport	The Fitzwimarc School, Essex			
39	Harry Alsemgeest	Mayflower High School, Essex			
40	Matty Mia	The Coopers' Company & Coborn School, Essex			18:35
41	Charlie Eagle	Shenfield High School, Essex			
42	Ethan Carroll	Shenfield High School, Essex			
43	Jamie Neal	Shenfield High School, Essex			
44	Yuvan Kumar	Chigwell School, Essex			
45	Luke Houchell	Farlingaye High School, Suffolk			
46	Callum Stark	Shenfield High School, Essex			
47	Jody Wynes	Chelmer Valley High School, Essex			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Senior Boys		Team Results	4	Scoring Athletes	Distance 5700m
Pos	Name	School, County			Time
48	Max Langshaw	Mayflower High School, Essex			
49	Tommy Ferreira	The Coopers' Company & Coborn School, Essex			
50		The Coopers' Company & Coborn School, Essex			19:11
51	Benedict Glame	Mayflower High School, Essex			
52	Reece Burton	Chelmer Valley High School, Essex			
53	Marcus Morris	Chigwell School, Essex			
54	Cameron Pigney	Chigwell School, Essex			
55	Thomas Lehman	Mayflower High School, Essex			
56	Louie Gibbins	Chigwell School, Essex			
57	Oscar Jackson	Farlingaye High School, Suffolk			
58	Oliver fitzsimmons	Davenant School, Essex			
59	Maximos McBurnett	Chelmer Valley High School, Essex			
60	Timothy Garnett	King Edward VI Grammar School, Essex			20:03

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Junior Girls		Team Results	4	Scoring Athletes	Distance 2300m
Pos	Name	School, County			Time
1	Madison Kindler	Chelmsford County High School For Girls, Essex			13:23
2	Chloe Berry	Woodbridge School, Suffolk			
3	Lianne Esterhuysen	Shenfield High School, Essex			
4	Katie Wiles	Southend High School For Girls, Essex			
5	Delilah Eastwood	The Eastwood Academy, Essex			
6	Chloe-Ann Howard	The Eastwood Academy, Essex			
7	Chloe Ward	Chigwell School, Essex			
8	Sofia Dean	Woodbridge School, Suffolk			
9	Sienna Finnegan	The Fitzwimarc School, Essex			
10	Kat Hailey	Chigwell School, Essex			
11	Fleur Burrows	Southend High School For Girls, Essex			
12	Eden Sloan	The Coopers' Company & Coborn School, Essex			
13	Darcy Davies	The Coopers' Company & Coborn School, Essex			
14	Freya Bell	The Fitzwimarc School, Essex			
15	Harriet Waldron	Farlingaye High School, Suffolk			
16	Amaya Mathukia	Chelmsford County High School For Girls, Essex			
17	Lottie Oates	Chigwell School, Essex			
18	Daisy Webb	Southend High School For Girls, Essex			
19	Jessica Hobson	Moulsham High School, Essex			
20	Neha Uddin	St Martin's School, Essex			
21	Ava McMillian	The Coopers' Company & Coborn School, Essex			
22	Violet Everett	The Coopers' Company & Coborn School, Essex			
23	Isobel Larnier	The Coopers' Company & Coborn School, Essex			
24	Anna Semiginovska	Southend High School For Girls, Essex			
25	Millie Foy	The Eastwood Academy, Essex			
26	Phoebe Woods	Chigwell School, Essex			
27	Ava Jeffery	The Fitzwimarc School, Essex			
28	Camilla White	Chelmsford County High School For Girls, Essex			
29	Bonnie Atkinson-Lassman	Shenfield High School, Essex			
30	Tilly Griffiths	The Fitzwimarc School, Essex			
31	Emily Borella	Moulsham High School, Essex			
32	Maia Lalani	Chigwell School, Essex			
33	Elizabeth Crowther	Chigwell School, Essex			
34	Florence Knight	Woodbridge School, Suffolk			
35	Else Herring	Farlingaye High School, Suffolk			
36	Claudia Window	Southend High School For Girls, Essex			
37	Coco-Lilly O'Sullivan	The Eastwood Academy, Essex			
38	Aisha Khelfa	Shenfield High School, Essex			
39	Freya Williams	Shenfield High School, Essex			
40	Mirela Cobanu	Shenfield High School, Essex			
41	Eliora Olatunji	The Coopers' Company & Coborn School, Essex			
42	Nancy Carter	Farlingaye High School, Suffolk			
43	Freya Kirkham	Moulsham High School, Essex			
44	Ivy-Rose Hallahan	St Martin's School, Essex			
45	Olivia Halle	The Eastwood Academy, Essex			
46	Elsie Hodge	Chelmsford County High School For Girls, Essex			
47	Ellie Plant	Farlingaye High School, Suffolk			
48	Kalin Wendelkin	Chelmsford County High School For Girls, Essex			

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Junior Girls			Team Results	4	Scoring Athletes	Distance 2300m
Pos	Name	School, County				Time
49	Imogen Hurst	The Eastwood Academy, Essex				
50	Farah Brice	Moulsham High School, Essex				
51	Clara Wilson	Southend High School For Girls, Essex				
52	Paige Hamilton	St Martin's School, Essex				
53	Lucy Hart	St Martin's School, Essex				
54	Lottie Webb	The Fitzwimarc School, Essex				
55	Freya Pardoe	Moulsham High School, Essex				
56	Millie Hayzelden	The Fitzwimarc School, Essex				
57	Alice Manning	Farlingaye High School, Suffolk				
58	Olive Waters	Farlingaye High School, Suffolk				
59	Milan Shakes	St Martin's School, Essex				
60	Summer Wells	St Martin's School, Essex				
61	Sienna Linnen	Chelmsford County High School For Girls, Essex				
62	Tati Hotham	Woodbridge School, Suffolk				
63	Sophia Pert	Woodbridge School, Suffolk				
64	Isabelle Perks	Moulsham High School, Essex				
65	Juno McConnell	Woodbridge School, Suffolk				

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Intermediate Girls		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
1	Summer Smith	The Coopers' Company & Coborn School, Essex			10:20
2	Heidi Woodley	New Hall School, Essex			10:23
3	Ava King	New Hall School, Essex			10:47
4	Sophie Bolton	St Benedict's Catholic School, Suffolk			11:03
5	Lilly Sandford	Chelmsford County High School For Girls, Essex			11:04
6	Sadie Owen	Southend High School For Girls, Essex			11:05
7	Alexandra McVittie	Woodbridge School, Suffolk			11:11
8	India Johnson	Woodbridge School, Suffolk			11:15
9	Frankie Philipps	Chelmsford County High School For Girls, Essex			11:16
10	Rose Holland	Southend High School For Girls, Essex			11:19
11	Ella Knight	Woodbridge School, Suffolk			
12	Hattie Blackburn	St Martin's School, Essex			
13	Orla Martin	The Fitzwimarc School, Essex			
14	Orla Bowd	Southend High School For Girls, Essex			
15	Isla Franklin	Shenfield High School, Essex			
16	India Bostock	Woodbridge School, Suffolk			
17	Esme Thomas	Chelmsford County High School For Girls, Essex			
18	Isla Young	The Fitzwimarc School, Essex			
19	Flora Houchell	Farlingaye High School, Suffolk			
20	Mia Wilson	The Coopers' Company & Coborn School, Essex			11:54
21	Arabella Stevens	Southend High School For Girls, Essex			
22	Charlotte Morley	Chelmsford County High School For Girls, Essex			
23	Amy Hariss	The Fitzwimarc School, Essex			
24	Amelia Smith	St Benedict's Catholic School, Suffolk			
25	Aria Sabado	The Coopers' Company & Coborn School, Essex			
26	Vivien Prelevic	Chelmsford County High School For Girls, Essex			
27	Daisy Mai-Doel	Shenfield High School, Essex			
28	Jemima Rutland	Colchester County High School For Girls, Essex			
29	Amber Keen	Shenfield High School, Essex			
30	Amelie Ayers	Shenfield High School, Essex			12:21
31	Camella Machlaclan	Chelmsford County High School For Girls, Essex			
32	Annabella Johnson	Farlingaye High School, Suffolk			
33	Seren Lloyd	Farlingaye High School, Suffolk			
34	Elena Williams	The Coopers' Company & Coborn School, Essex			
35	Lucy Murphy	St Benedict's Catholic School, Suffolk			
36	Lily Naylor	The Fitzwimarc School, Essex			
37	Emmeline Franklin	The Fitzwimarc School, Essex			
38	Charlotte Houchell	Farlingaye High School, Suffolk			
39	Isabella Riley	Westcliff High School For Girls, Essex			
40	Reisha Patel	Westcliff High School For Girls, Essex			12:31
41	Mila Cubeddu	Southend High School For Girls, Essex			
42	Sophie Penn	St Martin's School, Essex			
43	Elsa Stubbington	Westcliff High School For Girls, Essex			
44	Nancy Garner	Colchester County High School For Girls, Essex			
45	Bethany Friel	The Coopers' Company & Coborn School, Essex			
46	Fleur Bennett	St Martin's School, Essex			
47	Riya Mistry	St Martin's School, Essex			
48	Sophie Halford	New Hall School, Essex			

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Intermediate Girls		Team Results	4	Scoring Athletes	Distance 3200m
Pos	Name	School, County			Time
49	Imogen McVittie	Woodbridge School, Suffolk			
50	Zenobia Williams	The Fitzwimarc School, Essex			12:55
51	Isabella Cosentina	Shenfield High School, Essex			
52	Poppy Rykens	Colchester County High School For Girls, Essex			
53	Sara Kelly	Colchester County High School For Girls, Essex			
54	Lyla Mercer	Shenfield High School, Essex			
55	Sarah Lawal	Westcliff High School For Girls, Essex			
56	Amber Walker	The Coopers' Company & Coborn School, Essex			
57	Elizabeth Coomber	Westcliff High School For Girls, Essex			
58	Mya Atkins	Colchester County High School For Girls, Essex			
59	Charvi Ramanujanum	Colchester County High School For Girls, Essex			
60	Beatrice Harpur-Davies	St Benedict'S Catholic School, Suffolk			13:17
61	Jeanne Blackburn	St Martin's School, Essex			
62	Grace Hotham	Woodbridge School, Suffolk			
63	Nyree Robertson	Farlingaye High School, Suffolk			
64	Imogen Knight	St Benedict'S Catholic School, Suffolk			
65	Erin Kelly	St Martin's School, Essex			
66	Anna Regan	Southend High School For Girls, Essex			
67	Talullah Holbrook	Farlingaye High School, Suffolk			

Regional Final

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Senior Girls		Team Results	4	Scoring Athletes	Distance 3800m
Pos	Name	School, County			Time
1	Amelie Shipton	St Martin's School, Essex			12:18
2	Emmie Lole	St Martin's School, Essex			12:25
3	Orla Friel	The Coopers' Company & Coborn School, Essex			12:29
4	Daisy Stollery	New Hall School, Essex			12:33
5	Zara Morely	Southend High School For Girls, Essex			12:40
6	Darcy Gladwell	Ipswich School, Suffolk			13:01
7	Olivia Forrest	New Hall School, Essex			13:22
8	Jessica Walker	Southend High School For Girls, Essex			13:27
9	Katie Cox	Moulsham High School, Essex			13:28
10	Emma Cox	Moulsham High School, Essex			13:45
11	Esme Monk	St Martin's School, Essex			
12	Siobhan Desmond	St Martin's School, Essex			
13	Daisy Middlemiss	The Coopers' Company & Coborn School, Essex			
14	Jasmine Asmal	The Coopers' Company & Coborn School, Essex			
15	Emilia Oxborrow	Ipswich School, Suffolk			
16	Camille Adams	New Hall School, Essex			
17	Chloe Fotherby	Southend High School For Girls, Essex			
18	Grace Tilson	The Coopers' Company & Coborn School, Essex			
19	Lucy Chapelhow	The Coopers' Company & Coborn School, Essex			
20	Annalise Burrows	Southend High School For Girls, Essex			14:57
21	Freya Legg	Southend High School For Girls, Essex			
22	Ottie Heather-Hayes	Ipswich School, Suffolk			
23	Nina Shelley	Ipswich School, Suffolk			
24	Chloe Haycock	Moulsham High School, Essex			
25	Isis Hodges Law	Southend High School For Girls, Essex			
26	Jess Page	The Coopers' Company & Coborn School, Essex			
27	Daisy Willingale	St Martin's School, Essex			
28	Ella Connor	Colchester County High School For Girls, Essex			
29	Portia Fortes Mayer	Colchester County High School For Girls, Essex			
30		New Hall School, Essex			16:45
31	Helena Fairbank	Colchester County High School For Girls, Essex			
32	Edeigh Irvine	Colchester County High School For Girls, Essex			
33	Niamh Gillen	Colchester County High School For Girls, Essex			
34	Emily Smith	Moulsham High School, Essex			
35	Samantha Yearwood	Colchester County High School For Girls, Essex			17:05

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Junior Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	30	The Eastwood Academy, Essex	4	5	6	15
2	48	Southend High School For Boys, Essex	7	8	13	20
3	76	Shenfield High School, Essex	12	19	22	23
4=	82	The Coopers' Company & Coborn School, Essex	3	14	32	33
4=	82	The King John School, Essex	1	21	24	36
6	91	Mayflower High School, Essex	2	25	26	38
7	114	Woodbridge School, Suffolk	9	11	44	50
8	127	King Edward VI Grammar School, Essex	16	29	31	51
9	134	Chigwell School, Essex	10	28	47	49
10	146	Great Baddow High School, Essex	17	27	48	54
11	161	Farlingaye High School, Suffolk	18	42	46	55

Junior Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	57	Southend High School For Girls, Essex	4	11	18	24
2	60	Chigwell School, Essex	7	10	17	26
3	68	The Coopers' Company & Coborn School, Essex	12	13	21	22
4	73	The Eastwood Academy, Essex	5	6	25	37
5	80	The Fitzwimarc School, Essex	9	14	27	30
6	91	Chelmsford County High School For Girls, Essex	1	16	28	46
7	106	Woodbridge School, Suffolk	2	8	34	62
8	109	Shenfield High School, Essex	3	29	38	39
9	139	Farlingaye High School, Suffolk	15	35	42	47
10	143	Moulsham High School, Essex	19	31	43	50
11	169	St Martin's School, Essex	20	44	52	53

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

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Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	32	Woodbridge School, Suffolk	1	4	5	22
2	49	King Edward VI Grammar School, Essex	3	9	16	21
3	56	The Fitzwimarc School, Essex	7	12	18	19
4	74	The Coopers' Company & Coborn School, Essex	8	10	20	36
5	79	Southend High School For Boys, Essex	11	14	25	29
6	100	Forest School, Essex	13	17	27	43
7=	102	The Eastwood Academy, Essex	6	28	30	38
7=	102	Shenfield High School, Essex	2	24	26	50
9	164	The Beaulieu Park School, Essex	32	41	42	49
10	174	New Hall School, Essex	15	45	53	61
11	202	St Benedict'S Catholic School, Suffolk	37	52	56	57

Intermediate Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	42	Woodbridge School, Suffolk	7	8	11	16
2	51	Southend High School For Girls, Essex	6	10	14	21
3	53	Chelmsford County High School For Girls, Essex	5	9	17	22
4	80	The Coopers' Company & Coborn School, Essex	1	20	25	34
5	90	The Fitzwimarc School, Essex	13	18	23	36
6	101	Shenfield High School, Essex	15	27	29	30
7	122	Farlingaye High School, Suffolk	19	32	33	38
8	123	St Benedict'S Catholic School, Suffolk	4	24	35	60
9	147	St Martin's School, Essex	12	42	46	47
10=	177	Colchester County High School For Girls, Essex	28	44	52	53
10=	177	Westcliff High School For Girls, Essex	39	40	43	55

English Schools' AA Cross Country Cup 2025

Regional Final, Essex & Suffolk at Felstead School - Thursday 6th November 2025

Senior Boys

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	42	Davenant School, Essex	5	8	10	19
2	46	The Fitzwimarc School, Essex	6	9	11	20
3	49	Southend High School For Boys, Essex	3	4	17	25
4	59	King Edward VI Grammar School, Essex	12	14	15	18
5	80	The Coopers' Company & Coborn School, Essex	1	7	32	40
6	89	Farlingaye High School, Suffolk	13	22	23	31
7	120	Shenfield High School, Essex	2	35	41	42
8	123	Chelmer Valley High School, Essex	16	26	34	47
9	138	Mayflower High School, Essex	21	30	39	48
10	161	Chigwell School, Essex	28	36	44	53

Senior Girls

Posn	Points	School	Places			
			1st	2nd	3rd	4th
1	26	St Martin's School, Essex	1	2	11	12
2	48	The Coopers' Company & Coborn School, Essex	3	13	14	18
3	50	Southend High School For Girls, Essex	5	8	17	20
4	57	New Hall School, Essex	4	7	16	30
5	66	Ipswich School, Suffolk	6	15	22	23
6	77	Moulsham High School, Essex	9	10	24	34
7	120	Colchester County High School For Girls, Essex	28	29	31	32